



# UMKC ATHLETICS

## CONTACT INFORMATION

Shelby Hild  
Director of Strategic Communications  
e: [hilds@umkc.edu](mailto:hilds@umkc.edu)  
o: 816.235.1053 | c: 309.241.9801  
[UMKCKangaroos.com](http://UMKCKangaroos.com)

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## ***Cross Country Shines at Bob Timmons Dual Classic***

**LAWRENCE, Kan.** – The UMKC men’s and women’s cross country teams excelled at the Bob Timmons Dual Classic on Saturday to open the 2017 season. **Daylan Quinn** (Mountain View, Mo.) was the top finisher on the men’s side, while **Sarah Fogarty** (O’Fallon, Mo.) won the women’s collegiate race.

“As a group, we turned in the best individual and collective performances in school history at this competition,” shared head coach **Shameika McField**. “We committed ourselves and competed extremely well. I am very pleased at their growth and overall toughness. It was a great start to the season.”

“I was really pleased with how the teams competed today,” assistant coach **Brett Guemmer** commented. “It was great seeing Daylan, Darrien and Ryan break 20 minutes on the Rim Rock Farm course. The girls also ran well and it was great seeing Sarah come out with a win.”

Quinn’s time of 19:13.5 in the 6-kilometer run marks the second-fastest performance in UMKC school history, as the sophomore finished fourth overall in the field of 28 student-athletes. **Darrien Case** (Parkville, Mo.) and newcomer **Ryan Parson** (Farmington, Mo.) each finished within the 20-minute mark, crossing the line in 19:27.0 and 19:50.5, respectively.

“Today was a benchmark for what we are capable of this season,” noted Case. “Without most of our top guys, we were able to place two in the top ten and that is huge for us early on.”

On the women’s side, Fogarty bested the top four Jayhawk finishers after crossing the line in 18:03.7 to win the 5-kilometer race. **Chandler Carreon** (Lake St. Louis, Mo.) and **Mia Jerman** (Ste. Genevieve, Mo.) also finished in the top ten for the Roos.

“With today being the first race, it was important that we raced smart,” shared Fogarty. “In these types of races, it is not always about running fast because we have to beat off the rust. It was definitely a great start and we are excited to improve as the season goes on.”

“Today was a great opportunity for us to clean off the rust,” Carreon commented. “We’ve been putting in a lot of miles and have been working hard. We’ve got a close

group of ladies this year and I am excited to continue to put in some serious work with them to improve as a team.”

The Roos will return to Lawrence, Kan., on Sept. 30 to compete at the Rim Rock Classic.

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