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FOR IMMEDIATE RELEASE

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Seven Personal Records Highlight Day Two of Kansas Relays

LAWRENCE, Kan. – Seven UMKC track and field student-athletes tallied personal records in six individual events at the Kansas Relays on Thursday.

Zane Lockhart (Plattsmouth, Neb.) wrapped up the men's decathlon and finished 11th overall with a personal best 5,811 points. His best performance in the final five events came in the 1,500-meter run, where the junior finished fourth in the event with a time of 4:46.84. Lockhart's 5,811 points currently ranks fourth in the Western Athletic Conference.

Daiwa Emmert (Bolivar, Mo.) finished sixth overall in the women's heptathlon with 4,558 points after completing the final three events on Thursday. With this performance, Emmert moved into the No. 2 spot on the UMKC all-time performers list in the heptathlon and currently holds the top spot in the WAC by over 100 points.

On the track, **Janelle Johnson** (St. Louis, Mo.) finished second in the women's 800-meter run, and landed a spot on UMKC's top-five all-time performers list, with a personal best time of 2:15.25 in the event.

Elizabeth Nolke (Lee's Summit, Mo.) continued the trend for the Roos by finishing first in the women's 1,500-meter run with a time of 4:38.07. The time turned in by Nolke smashed a previous personal best performance in the event. Teammate **Sarah Jaloma** (Atchison, Kan.) also set a personal best in the 1,500-meter run, crossing the line 10th overall in 4:49.72.

The final event on the track on the second day of the Kansas Relays was the men's 10,000-meter run, where **Jason Fambrough** (Raymore, Mo.) and **Quinlan Moll** (Springfield, Mo.) finished eighth and 11th, respectively. Fambrough's time of 30:46.82 is a personal best for the junior and is currently the fourth-fastest time in the WAC this season. Moll just missed his personal best time after crossing the line in 30:55.48.

In the field, **Martana Stemmons** (Columbia, Mo.) finished sixth in the women's shot put with a toss of 13.65 meters. This is the second-straight week that the freshman has recorded a personal best mark in the event. Newcomers **Jayla Riggins** (St. Louis, Mo.)

and **Jada Steele** (Detroit, Mich.) finished eighth and 16th, respectively, in the long jump to close competition on the women's side.

The Kansas Relays will resume for the Roos on Friday at approximately 10:15 a.m. CT with the women's 100-meter hurdles preliminaries. The women's team will also conclude field events and compete in several preliminary rounds on the track in hopes of advancing to Saturday's finals in each event.

It was decided on Thursday that the UMKC men's squad would be a last-minute addition to the scored invitational portion of the Kansas Relays. The Roos will compete alongside California, Kansas and Southern Illinois on Saturday.

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